



Embers in the Fire

Annual Women's AA Retreat

16th Annual Women's Retreat
March 8-10, 2024

"The AA Promises"

Northern Pines Camp
County 1 - Park Rapids, MN 56470

OPEN REGISTRATION

OCTOBER 15 – DECEMBER 31, 2023

Fee: \$140, incl. meals, lodging, & activities
Pre-order your EITF Hoodie - \$22
Limited supply available at the event - \$25

Join us at the serene Northern Pines Camp located on 40 acres of picturesque land on the eastern shores of Fish Hook Lake near Park Rapids. Our accommodations are cozy and well-maintained, with comfortable twin and bunk beds and mattresses. Please note that you must bring your bedding, pillows, towels, and toiletries for your stay. Additionally, we highly recommend bringing along your Big Book and 12x12 for the best experience.

Remember, space is limited at the lodge and cabins, with only 80 spots available for women. You will be responsible for arranging your accommodations if no slots are available. The registration fee for attending the conference with meals is \$85 for those staying off-site.

Late Registration will be accepted Jan. 1-Feb. 5, 2024
\$165, including meals, lodging, & activities

Pre-order your EITF Hoodie - \$22 when you register. Limited supply available at the event - \$25

The committee invites you to bring ONE snack item to share and ONE item for the fabulous RAFFLE.

Activities include:

Fellowships, Sharing Group Sessions, Photobooth, Meditation Room, Yoga, Snowshoeing, Raffles, AA Meetings, and much more!

If you do not have access to the internet, don't hesitate to get in touch with Michelle K. at 952-358-1139

For questions or information on available scholarships, please email eitfretreat@gmail.com

Please find us on Facebook: EITF Retreat.

Weekend Agenda

subject to change

Friday, March 8

3:00 PM Registration
6:00 PM Welcome / Dinner
7:00 PM Speaker (Luann, Pine River)
Raffle following the speaker.

Saturday, March 9

6:30 AM Yoga
8:00 AM Breakfast
9:30 AM *Sharing Groups (Promises 1-3)*
11:15 AM *Sharing Group (Promises 4-6)*
12:00 PM Lunch
1:30 PM *Sharing Groups (Promises 7-9)*
2:50 PM *Sharing Groups (Promises 10-12)*
4:30 PM AA Meeting & Fellowship
6:00 PM Dinner
7:15 PM Speaker (Nancy K., Bloomington)
God Box Ceremony
Raffle following ceremony
10:00 PM AA Meeting & Fellowship

Sunday, March 10

7:00 AM Snowshoeing
9:00 AM Brunch
10:00 AM Grand Prize Raffle
Bid Farewell



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Registration Form *(please, one form per person)*

Event fee includes Lodging, meals and activities.

- Open Registration 10/15/2023 – 12/31/2023: \$140/per person

Contact Information *(please print clearly)*

First Name:

Last Name:

Address/City/St/Zip:

Phone Number:

Email:

Home Group:

\$140 = * Registration after December 31 - January 31; additional \$25 late fee.

\$85 = Activities and meals only (Friday-Sunday)

EITF T-shirts (Additional Tees will be available at the event, however, they may be limited in terms of size.)

\$22 = Check desired size: S M L XL 2X 3X

\$ **EITF Scholarship Fund Donation** *(optional)*

TTL amount \$ ***Payment Type:**

Roommate Request *(We cannot guarantee roommate matching, but we will do our best!)*

First Name / Last Name / Email Address or Phone #

Submitting this registration form does not reserve your spot until payment in full has been received.

This form must be submitted regardless of your payment choice (mailed or emailed).

Check - Make check payable to Embers in the Fire and mail to:
Michelle Korthals – 11599 Raspberry Hill Rd – Eden Prairie, MN 55344

Zelle payment - use our email eitfretreat@gmail.com as the recipient through Zelle®

Any questions, email us at eitfretreat@gmail.com or call Michelle at 952-358-1139